



The Phantom Chef™

They'll never know you didn't cook!
Gourmet meals delivered

SALADS

Our Salads are Built on Local Greens & Ingredients

Roasted Pear and Gorgonzola Salad

Roasted Pears, Imported Gorgonzola, our famous Spicy Pecans,
we suggest the apple cider vinaigrette

Gardener's Salad

Juicy Tomatoes, sweet Carrots, spicy Radishes and
what's in our field , buttermilk Ranch dressing.

Mandarin & Pecan Salad

Spring Greens, Spicy Pecans, Mandarin Oranges, Cranrasins
apple cider vinaigrette

Summer Salad

Local Greens, Strawberries, Mermaid Farm Feta, Spicy Pecans, Orange Balsamic vinaigrette

Watermelon with Arugula

Sweet watermelon, baby Arugula , Mermaid Farm Feta
fresh basil, cracked black pepper & sea salt

Salad Capri

Thick slices of ripe tomatoes Heirloom Tomatoes, fresh mozzarella, basil,
10 year, Balsamic, EVOO drizzle

Salad Capri with Local Greens

Wedges of Heirloom tomatoes, fresh mozzarella, basil
10 year Balsamic, EVOO drizzle

Hale Caesar

Bundles of Romaine
The best olive oil, Parmesan, Romano,
fresh lemon, roasted garlic create an egg free dressing.
Garlic croutons

Vineyard Roasted Corn Salad

Tomatoes, Chives, Scallions, Roasted Red Peppers, Sweet Roasted Corn
tossed in crunchy Romaine

Kale Salad , grilled fruit

Mermaid Farm Feta, local Kale
Sweet/spicy pecans, cranrasins, apple cider vignette

Kale Salad

Mermaid Farm Feta, local Kale
Sweet/spicy pecans, cranrasins, apple cider vignette



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SALADS TO MAKE A MEAL

Watermelon with Arugula

Sweet watermelon, baby Arugula ,Mermaid Farm Feta
Fresh basil, cracked black pepper & sea salt
Crusty French bread, seasoned olive oil, dressing.

Cobb Salad

Mixed greens,tomatoes, cucumbers, carrots, radishes, crispy bacon,blue cheese,cheddar
Roasted chicken or Grilled spicy shrimp or Japanese flank steak
Crusty French bread, seasoned olive oil, dressing.

Caesar Salad with Purpose

Roasted chicken or Grilled spicy shrimp or Japanese flank steak
Crusty French bread, seasoned olive oil, dressing.

Tarragon Chicken Salad

Red Grapes,Tarragon & Mayo
Crusty French bread, seasoned olive oil, dressing.

Tuna & Granny Smith Apple Salad

Its so good !
French bread, pumpernickel or fresh rolls

Egg Salad

Crusty French bread, seasoned olive oil, dressing.